

PATIENT RIGHTS

All patients shall be afforded the following basic rights:

1. To be treated with dignity, respect and consideration;
2. Not to be discriminated against based on race, national origin, religion, gender, sexual orientation, age, disability, marital status, diagnosis, or source of payment;
3. To receive treatment that:
 - a. Supports and respects the patient's individuality, choices, strengths and abilities;
 - b. Supports the patient's personal liberty and only restricts the patient's personal liberty according to a court order, by the patient's consent, or as permitted by law; and
 - c. Is provided in the least restrictive environment that meets the patient's treatment needs;
4. Not to be prevented or impeded from exercising the patient's civil rights unless the patient has been adjudicated incompetent or a court of competent jurisdiction has found that the patient is unable to exercise a specific right or category of rights;
5. To submit complaints/grievances to outside entities and other individuals without constraint or retaliation;
6. To seek, speak to, and be assisted by legal counsel of the patient's choice, at the patient's expense;
7. To receive assistance from a family member, designated representative, or other individual in understanding, protecting, or exercising the patient's rights;
8. To have the patient's information and records kept confidential and released only as permitted under R9-20-211(A)(3) and (B);
9. To privacy in treatment, including the right not to be fingerprinted, photographed or recorded without consent.
10. To review, upon written request, the patient's own record during the office's hours of operation or at a time agreed upon by the therapist, except as described in applicable law;
11. To be informed of all fees that the patient is required to pay and of the office's policies and procedures before receiving a behavioral health service, except for a behavioral health service provided to a patient experiencing a crisis situation;
12. To consent to treatment, unless treatment is ordered by a court of competent jurisdiction, after receiving a verbal explanation of the patient's condition and the proposed treatment, including the intended outcome, the nature of the proposed treatment, and any alternatives to proposed treatment;
13. To be offered or referred for the treatment specified in the patient's treatment plan;
14. To receive a referral to another licensed professional if the therapist is unable to provide a behavioral health service that the patient requests or that is indicated in the patient's treatment plan;
15. To refuse treatment or withdraw consent to treatment unless such treatment is ordered by a court or is necessary to save the patient's life or physical health;
16. To participate or, if applicable, to have the patient's parent, guardian, custodian, or agent participate in treatment decisions and in the development and periodic review and revision of the patient's written treatment plan;
17. To consent in writing, refuse to consent, or withdraw written consent to participate in treatment that is not a professionally recognized treatment;
18. To receive behavioral health services in a smoke-free environment, although smoking may be permitted off-property;
19. To receive, at the time of discharge or transfer, recommendations for any treatment needed when the patient is discharged;
20. The right to assert all grievances with respect to infringement to these rights, including the right to have such grievances considered in a fair, timely and impartial procedure. To assert a grievance patient may call the Washington State Department of Health, Health Systems Quality Assurance, Complaint Intake at 360-236-4700, send an email to the or visit the Department's website at <http://www.doh.wa.gov/>.

Please sign this "Patient Rights" and keep a copy for yourself. A signed copy will be kept in your patient file.

Patient Name (signed) _____

Date: _____